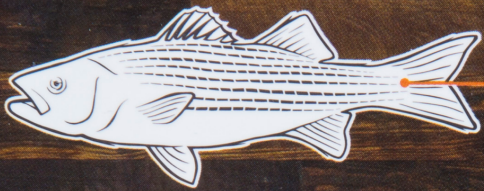


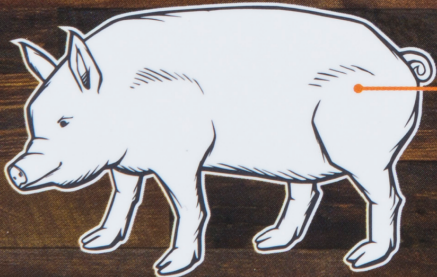
INTERNAL TEMPERATURE GUIDE



FISH
145°F

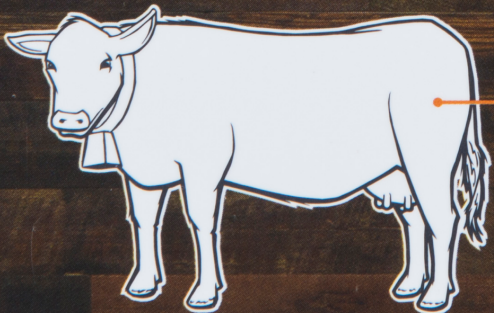


POULTRY
165°F



PORK
145°F

PULLED: 205°F



BEEF

RARE: 125°F

MED WELL: 155°F

MED RARE: 135°F

WELL: 160°F

MED: 145°F

BRISKET: 205°F